



UNIVERSITY OF THE THIRD AGE

# NEWSLETTER

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CRESWICK & DISTRICT U3A INC. A0053344W

**President: Keith Robertson**

**Vice-President: Helen Cook**

**Secretary: Bill Morrison**

**Treasurer: Andrew Cossenias**

THE COMMITTEE WISH ALL MEMBERS AND THEIR FAMILIES A MERRY CHRISTMAS and a HAPPY NEW YEAR. WE LOOK FORWARD TO 2013 AND ITS ACTIVITIES.

On December 1st 41 members enjoyed the end of year B.B.Q at the Neighbourhood House. We thank those who arrived early and helped with setting up. Sitting under the magnificent Oak tree on a perfect afternoon makes you aware of just how much a tree is worth.

Planning is well under way for next year and details are contained in your newsletter. We are always looking for suggestions for improving our U3A so do not hesitate to contact us if you have a suggestion.

The next Newsletter will be distributed on Monday 14th. January 2013, containing the CLASS TIMETABLE for Term 1- Monday 4th February- Thursday 28th March 2013. This will give you time to check your calendar prior to signing up in your areas of interest on - ENROLMENT DAY for 2013 which will be held on Thursday January 24th 2013 at 11am.

A Tutors Meeting at 10.00 a.m. will be held prior to enrolments. Current tutors and prospective tutors are invited to come along and discuss what can be done to make your job easier, suitability of venues, suggestions for groups and any items you wish to discuss.

An innovation for term 1 2013 is expressions of interest in a number of short courses which depending on interest, can be extended into later terms.

**Please note this meeting and enrolments will be held in the new club rooms at the Doug Lindsay Reserve at the top of Victoria Street, Creswick.**



**CRESWICK**  
UNIVERSITY OF THE THIRD AGE



### **BUS TRIP TO RED BEARD BAKERY TRENTHAM**

On 18<sup>th</sup> October 46 happy people enjoyed a great day at the “Red Beard Bakery,” enjoying a lavish lunch consisting of sourdough bread and plenty of local organic grown produce. Alan gave a very interesting talk on the history of Scotch Ovens and breadmaking. Scottish engineers built this once common type of commercial Oven a huge, domed, brick structure throughout Britain. The wood fire is extinguished before baking begins, the bread bakes in the deep even heat gradually released by the masonry.

Sadly only a handful of Scotch Ovens remain in Australia. By the 1960's most had been destroyed by the large flour mills to eliminate competition.

John and Alan Reid stumbled across the bakery in 2005, calling the bakery “REDBEARD,” because their surname comes from a Scottish Clan known for their red hair/beards and this is also connected with the Scotch Oven. They bake a large range of breads. A tour was very informative. No question was left unanswered. Many bought bread and produce, returning home tired but happy. A great day was had by all.

## **From Helen Cook our class Co-ordinator**

Hello Everyone,

Can you believe that we are almost at the end of another year of U3A activities? Our thanks must go to our wonderful Tutors who give of their time, sharing their expertise and knowledge, taking classes. Without them there would be no U3A activities to offer our members. Thanks also go to our committee members for their commitment during the past year. Your input has been very much appreciated.

We are always looking for Tutors who would like to run a class – a one off, for 1 or 2 weeks, one Term or whatever you feel comfortable with. We would love to hear from you.

Happy Christmas/summer holiday break to all our members and we look forward to seeing you again in the New Year, maybe at one of the new classes.

Helen Cook  
Class Co-ordinator

Below is a list of classes which will continue in 2013, along with 'Expressions of Interest' for new classes being offered next year.

### **ONGOING CLASSES FOR 2013**

- |                            |                            |                            |
|----------------------------|----------------------------|----------------------------|
| * Australian History       | * Bush Walking             | * Back In The Game         |
| * Creswick History         | * Cryptic Crosswords       | * Coffee & Current Affairs |
| * Heritage Fruit           | * Leisurely Lunches        | * Mah-jong                 |
| * Meditation for Beginners | * Philosophy for Beginners | * Poker                    |
| * Tai Chi                  | * World Movies             |                            |

### **EXPRESSIONS OF INTEREST**

**ACMI MOVIES** – Borrow movies for your home entertainment or enjoy a movie with other U3A members as a group.

**BASIC BOOK KEEPING** – This introduction to Basic Bookkeeping will be run over two sessions, 2 hours per session.

**COFFEE** interest group would meet for 3 in total two hour sessions each month. Each session would have a Video presentation which is in three parts called Black Coffee.

**Part 1: The Irresistible Bean Part 2: Gold in Your Cup Part 3: The Perfect Cup**

We would also : Brew Coffee using Italian Espresso Machines and also other methods of brewing Coffee also using Coffee in cooking and Ice Cream etc.

Roast Green Coffee Beans in a Home Coffee Roaster

Would be limited to 10 members however could run it again another term.

**CHARLES DARWIN AND THE GALAPAGOS ISLANDS -**

**Part 1** - Discover Charles Darwin, the man, his family & the colleagues who supported him through years of illness, isolation, agonizing self doubt & religious crisis.

**Part 2** - David Attenborough's Charles Darwin & the Tree of Life. The documentary was made to celebrate the 200<sup>th</sup> anniversary of Darwin's birth & the 150<sup>th</sup> anniversary of the publication of Origin of Species.

**Part 3 & 4 - Galapagos** the Islands That Changed the World. This documentary examines the wildlife & flora of this fascinating part of the world.

**COMPUTER CLUB** - Meet once a month for a chat & coffee, discuss problems, discoveries, new software etc.

**KNITTING CLUB** - 2 hour Weekly class-

**BEGINNERS** - Learn the basic stitches; knit & purl, learn to cast on & bind off, use stretchy cast on & bind off and simple increase & decrease. **TEXTURED SCARF PROJECT**: suitable for beginners using patterns of knit & purl.

**INTERMEDIATE TO ADVANCED** - Socks: - toe-up 2 at a time on circular needles. Lace: shawl, stole or scarf in fingerling (4ply) or lace-weight (2ply) yarn. Blocking & Finishing your projects. Tips & Techniques. Are you already a knitter? Come along & knit on your own project without guilt for 2 hours each week & share your own tips & techniques.

During these classes you will also be given tips on how to find free patterns & high quality yarn on the internet. We'll introduce you to Ravelry, the largest knitting group in the world with over 2 million members. You can also get advice on the different kinds of tools for your projects.

## “THE GREAT ESCAPE” COOL PIECE OF HISTORY

Starting in 1941, an increasing number of British Airmen found themselves as the involuntary guests of the Third Reich, and the Crown was casting about for ways and means to facilitate their escape.

Now obviously, one of the most helpful aids to that end is a useful and accurate map, one showing not only where stuff was, but also showing the locations of 'safe houses' where a POW on-the-lam could go for food and shelter.

Paper maps had some real drawbacks — they make a lot of noise when you open and fold them, they wear out rapidly, and if they get wet, they turn into mush.

Someone in MI-5 (similar to America's OSS) got the idea of printing escape maps on silk. It's durable, can be scrunched-up into tiny wads, and unfolded as many times as needed, and makes no noise whatsoever.

At that time, there was only one manufacturer in Great Britain that had perfected the technology of printing on silk, and that was John Waddington, Ltd. When approached by the government, the firm was only too happy to do its bit for the war effort.

By pure coincidence, Waddington was also the U.K. Licensee for the popular American board game, Monopoly. As it happened, 'games and pastimes' was a category of item qualified for insertion into 'CARE packages', dispatched by the International Red Cross to prisoners of war.

Under the strictest of secrecy, in a securely guarded and inaccessible old workshop on the grounds of Waddington's, a group of sworn-to-secrecy employees began mass-producing escape maps, keyed to each region of Germany or Italy where Allied POW camps were regional system). When processed, these maps could be folded into such tiny dots that they would actually fit inside a Monopoly playing piece.

As long as they were at it, the clever workmen at Waddington's also managed to add:

1. A playing token, containing a small magnetic compass
2. A two-part metal file that could easily be screwed together
3. Useful amounts of genuine high-denomination German, Italian, and French currency, hidden within the piles of Monopoly money!

British and American air crews were advised, before taking off on their first mission, how to identify a 'rigged' Monopoly set — by means of a tiny red dot, one cleverly rigged to look like an ordinary printing glitch, located in the corner of the Free Parking square.

Of the estimated 35,000 Allied POWS who successfully escaped, an estimated one-third were aided in their flight by the rigged Monopoly sets. Everyone who did so was sworn to secrecy indefinitely, since the British Government might want to use this highly successful ruse in still another, future war.

The story wasn't declassified until 2007, when the surviving craftsmen from Waddington's, as well as the firm itself, were finally honored in a public ceremony.

It's always nice when you can play that 'Get Out of Jail' Free' card!

### *Let's all go out for dinner shall we?*

A group of girlfriends, all aged 40, discussed where they should meet for lunch. Finally it was agreed that they would meet at the Ocean View restaurant because the waiters there were very handsome, with nice tight trousers - very sexy.

Ten years later, at age 50, the friends once again discussed where they should meet for lunch. Finally it was agreed that they would meet at the Ocean View restaurant because the food was good and the wine selection was excellent.

Ten years later, at age 60, the friends again discussed where they should meet for lunch. Finally it was agreed that they would meet at the Ocean View restaurant because they could dine in peace and quiet and the restaurant had a beautiful view of the sea.

Ten years later, at age 70, the friends once again discussed where they should meet for lunch. Finally it was agreed that they would meet at the Ocean View restaurant because the restaurant was wheelchair accessible and had a lift.

Ten years later, at age 80, the friends once again discussed where they should meet for lunch. Finally it was agreed that they would meet at the Ocean View restaurant because they had never been there before.

Wishing you, your family and friends, a happy and safe Christmas.

We look forward to catching up again in the New Year.

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