

Newsletter

Volume 1, Issue 2 Spring 2009

Lorraine's Letter

Third term is almost over. It's been a huge learning curve for us all.

Tutors, coordinators and participants have settled into classes; we've met new people, formed groups and learnt together.

Our committee has been going through the same exercise as we learn everything that is expected of us too.

Bill Morrison has made incorporation appear easy. It isn't but Bill's understanding and knowledge of model rules and the steps needed to become incorporated have made a complicated process straightforward.

We congratulate and thank you Bill on your expert handling of this matter. We are very fortu-

nate that you volunteered to be our Hon. Secretary.

I shall be attending the quarterly meeting of U3A Network Victoria on 16 September as the delegate for our U3A branch and will report on this at the general meeting on 24 September.

Diary Notes:

Thursday 24 September

Remember our general meeting for enrolments.

Friday 9 October

Official Launch of Creswick & District U3A at the RSL Hall at 2 pm followed by afternoon tea.

Lorraine Davis



Lovely Lorraine Davis, former Miss Goondiwindi, Testral Woman of the Year and President of U3A. A tireless worker and destined for great things.

Bendigo Bank

Creswick & District U3A gratefully acknowledge the contribution of our local community bank of two folding tables.

We use them for meetings and the classes held in the library.

The Bendigo Bank has been a generous supporter of local community activities donating \$18,000 since opening in May 2007.

General Meeting

Thursday 24 September

**Bill Huntly Room,
John Curtin Hostel**

2pm Tutors meeting

2.30 General Meeting followed by afternoon tea and course enrolments

ICE

Ice refers to solid water, a nasty drug and diamonds.

It also means 'In Case of Emergency'.

When you receive your member name-tags on Thursday 24 September you will find a section on the reverse.

We ask you to complete the details and wear your

name-badge to all U3A events.

The ICE details include:

- Emergency contact
- Your GP or practice
- Any drugs or treatment a paramedic should know about before treatment
- Allergies

The only reason anyone needs to know these details is if a member is injured, collapsed or, as Dame Edna would say, bewildered and confused.

This is a health and safety requirement. Rather than creating a database we decided that privacy will be better preserved with this method.

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Belinda Price, artist and prima ballerina with the Broomfield Royal Ballet.

Answers to the quiz

1. Jeff Kennett. The others are breeds of cattle.
2. Muscular Dystrophy. Muscular Christianity is completely different.
3. No: it is both illegal and immoral to bonsai small animals.
4. Bronwyn Bishop. Peter Cook, Dudley Moore, Ronnie Barker and Douglas Adams are male.
5. False: He was born on 23 September 1949. Calvin Coolidge was born on the Fourth of July (1872).
6. Charolais: Charlemagne was the first Holy Roman Emperor (although he was not actually a real Roman).
7. This was a trick question: none of them!
8. Mako (it's a shark): the others were lawyers.
9. Charles Manson not George W Bush.
10. $E=MC^2$, Mozart & the Jenolan Caves

Activities: Leisurely Lunches

We've had two enjoyable lunches so far. In August we met at Smokey Town Café here in Creswick. The September lunch was at the Chowder House, Hepburn Springs. Both occasions generated great food, good conversation and lots of laughs.

The next lunch on Saturday October 3 will be at Garden of St Erth, Blackwood. The November lunch will be at the recently re-opened Newlyn Hotel (Nov 7).

You don't have to be signed up to join in. Any

time you wish to attend please let Lorraine know so we can make group reservations.

The December lunch will actually be a dinner.

On Saturday 5 December we plan to attend the performance of "Jest at the West". We need 60 attendees if we are to have the venue to ourselves. This means we can bring meals to share.

Register with Lorraine as early as possible.

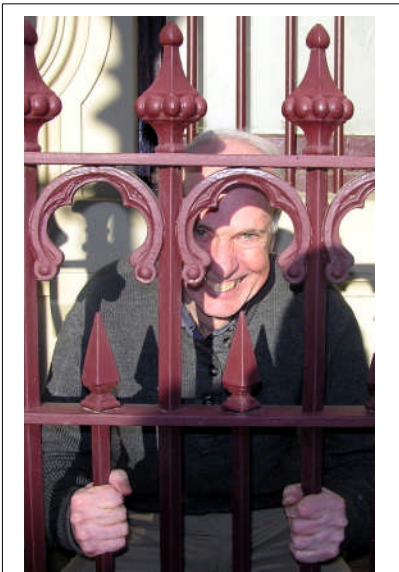
U3A Launch Friday 9 October

Seniors' Week is a perfect opportunity to launch our U3A.

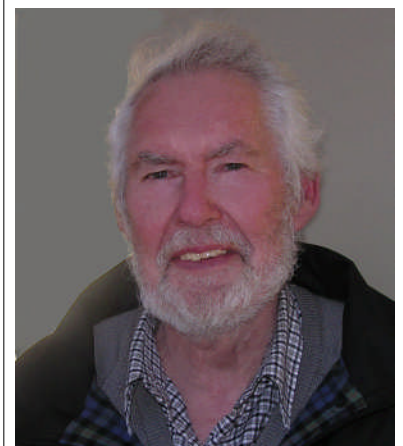
Lisa Neville, Minister for Aging has been invited, along with other dignitaries, political representatives and notables.

You are invited to
the RSL rooms
at 2.00pm
Friday 9 October.

Meet the Members



Cactus Bill Morrison, noted for his prize-winning azaleas and fuchsias, a former Mr World and Weight-watcher Man of the Month



Mal Worswick, model of the year in 1971 and embodiment of savoir faire, grower of giant pumpkins.

Member News

Welcome back to John Morris.

After a wonderful trip through the Top End John and his family had to contend with Elaine's fractured ankles and then they all caught the flu!!

Glad you are all back on deck.

Michael Clark is now home after major surgery.

We're very pleased to hear he is on the road to recovery.

VICTORIAN SENIORS EXPOSE THEMSELVES

During the month of August, as a part of the *Evergreen Faces* photographic competition, Australians were encouraged to go snap happy and submit a photograph of someone aged over 60 being active and enjoying life.

Inspired by the concept of challenging the negative stereotypes associated with ageing, specialist communication company Evergreen Advertising and Marketing developed the event for the public to positively address the way older people are portrayed in society, and in particular the media.

With hundreds of entries received from throughout Victoria, judges narrowed it down to 24 finalists.

The finalists will be on display at the Melbourne Town Hall, Sunday 4 – Sunday 11 October.

The winners will be announced at the Seniors Festival on Thursday, 8 October at 11am.

Telstra Connected Seniors is supporting the Seniors Festival by providing a People’s Choice Award.

The award will be given to the photograph that receives the most votes.

Anyone can vote during the Seniors Festival for their favourite photograph by SMS or online, and all voters go into the draw for a chance to win a Telstra EasyTouch Discovery Phone.

Information on how to vote at the Festival Hub or at www.evergreenfaces.com.au

See these photographs on exhibition at the Festival Hub in the Melbourne Town Hall.

The venue is open daily throughout the Festival from 10am to 4.30pm and free tea and coffee is available to all seniors.

For more information visit www.evergreenfaces.com.au call 03 9413 9927 or email faces@evergreenfaces.com.au

From the media release

New Class Meditation

Meditation for Relaxation will be led by Paul Ford.

Classes will commence on

- Wed 7 October
- 4.45—5.30 pm
- Bill Huntly Room, John Curtin Hostel.

Coming up Wicked Widows

Hepburn Shire Council together with Daylesford Senior Citizens will host a production of *Wicked Widows* at the Town Hall in Daylesford.

Wednesday 30 September at 2 pm

Admission by gold coin donation

Inquiries and reservations: Dianne Van der Veer on 5345 3899

Witty, amusing or handy websites

We have found some free typing sites where you can learn to touch type on-line:

- www.goodtyping.com.
- www.typeonline.co.uk
- www.learntotype.org
- www.typingpal.com

For more sites Google ‘free online touch typing’

Things you need to know about scams, shams, fake medicine, snake oil salesmen and strange true and untrue stories:

- Australian Skeptics:

www.skeptics.com.au

- ASIC, www.fido.gov.au/fido/fido.nsf (or go to www.asic.gov.au and follow the link to fido)
- www.snopes.com

Snopes lists and validates hundreds of urban legends (be warned, you can spend a lot of time giggling round on this one!)

A cat will assume the shape of its container.

Creswick & District U3A Inc

Creswick & District U3A

PO Box 434

Creswick 3363

Phone:5345-2291

E-mail: u3a3363@gmail.com

Keeping off the streets and out of mischief

We'll soon be on the
web! Watch this
space.

**Remember the meeting on
Thursday September 24
2.30 pm
Bill Huntly Room at John Curtin
Afternoon tea and course enrolments**

Committee Members

Lorraine Davis	5345 2291
John Morris	5345 2097
Bill Morrison	5345 2995
Tracey O'Brien	5345 2313
Belinda Price	5345 1289
Geoff Rawson	geoffrawson@hotmail.com
Mal Worswick	5345 2263

Or email [**u3a3363@gmail.com**](mailto:u3a3363@gmail.com)